



Intuitive Life Coaching – Helping you find your inner sparkle. Dare to be different
www.saraheywood.co.uk Email: sarah@saraheywood.co.uk

Message from Serapis Bey – 21st October 2020

Communication with source is the most important aspect of a spiritual journey if you are to work with spirit in ways to help others. There are many people who work with the spirit planes but not necessary the source. They work with the lower energies, those who are wanting to connect with their loved ones.

If your work is about healing whether it be physically, emotionally via words or bringing through the energies, working and understanding your connection with source is paramount.

There are many words for source, some have a preference for God, some for love and others for the Universe. Whatever you are comfortable with is right for you. Source is the wisdom that exists that is beyond the human mind. It is the collective knowledge of the universal energies from many aspects of it. If you are here to work with this you must first work on your human self to understand who you are what your weaknesses are. When you understand these you can begin to let them go as you allow in the flow of a higher knowledge.

If you choose not to walk your talk it will simply undermine what you deliver to others as they will see that you are not being true to what you say. Taking the role of delivering messages and healing from the universal source is one of great responsibility. If your humanness happens to get in the way it can begin to cause karma that would not otherwise be there.



Intuitive Life Coaching – Helping you find your inner sparkle. Dare to be different
www.saraheywood.co.uk Email: sarah@saraheywood.co.uk

Think about those you help. Do you ask for their permission or are you one who simply wants to heal all and feel it is your role to do so? Now ask yourself, is this what God/Source/universal energy does? Is this what Jesus did? The answer you will see is no. If this was to be the case the world and all upon it would have been healed long ago for everything would have been done to make it so.

Instead the world you live in has freewill. Those upon the planet, as do you, have the freewill to live life as they or you choose. There are no rules that you have to stick to. Everything you do has consequences. The consequences you which to experience are entirely up to you.

Take a moment to think about your life and what you feel is most important to you. How would you like your life to be and what would you like to offer to the world as part of your existence upon it. Now, I ask you, are you in alignment with this?

If the answer is yes, then great, everything should be happening exactly as you manifest it to be. If no, then something is causing resistance against this. Putting your hand on your heart, ask yourself, what is this resistance and what stops you from living the life you desire.

As part of source there are many beings of all types, some you are aware of and some not for they have not come into your consciousness. These beings are all varying degrees of light. For you, if you are helping others, it is likely that you will want to connect only to those that are of a higher vibration than those on the earth, so that they can be of assistance to you in helping raise the vibration of the planet and those upon it. This assistance is on tap 24/7.



Intuitive Life Coaching – Helping you find your inner sparkle. Dare to be different
www.saraheywood.co.uk Email: sarah@saraheywood.co.uk

To raise the vibration of the planet first you must raise yours. By raising yours it puts you in a position of being able to lead others. By being the example, by saying and doing things that make sense to others, they will automatically feel drawn to consider what is happening and applying it to their own lives. This is them having freewill to make the choice.

By many doing this same, this is how the energies of the world can positively change.

I am here to help you to connect clearly with source so that you can trust all that you hear, see and feel and deliver the experience to others you wish to.

With love
Serapis Bey